



Monroe Livingston Region Program Agency

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To: All ALS Providers

From: Jeremy T. Cushman, MD, MS, EMT-P *JT Cushman*
Regional Medical Director

Date: September 17, 2013

Re: Advisory 13-09: Methylprednisolone (Solu-Medrol) Protocol Indications

Following feedback from providers and after review and recommendation of the Protocol and Policy Committee, the REMAC at their September 16, 2013 meeting voted to change the protocol indications for methylprednisolone (Solu-Medrol).

Effective immediately, the transport time caveat is removed. Therefore for anaphylaxis/allergic reaction (Protocol 2.5) or respiratory distress/bronchospasm (Protocol 2.29) the Paramedic may "Consider Methylprednisolone 125 mg IV/IO" regardless of the transport time.

With any questions, please do not hesitate to contact the Regional Program Agency.