



To: All Agency Clinical Leadership

From: Maia Dorsett, MD, PhD, FACEP, FAEMS *M Dorsett*
 Associate Regional Medical Director for Education and Quality

Jeremy T. Cushman, MD, MS, EMT-P, FACEP, FAEMS *J T Cushman*
 Regional Medical Director

Date: June 23, 2026

Re: BLS Oral Acetaminophen & Ibuprofen

Pending release in September, the updated New York State EMS protocols include authorization for Basic Life Support (BLS) clinicians to administer oral acetaminophen and ibuprofen for the treatment of pain and fever. While awaiting release of the protocols, agencies are encouraged to begin planning for implementation. To assist with this process, the Regional Pain Management Collaborative Quality Improvement Group is developing educational materials to support implementation and use of these medications by BLS clinicians and will be distributed when available.

Additionally, the Group reviewed available options and developed the following recommendations regarding medication formulations with the intent to promote consistency across the region while balancing ease of administration, dosing flexibility, and operational practicality. These are optional but strongly encouraged, and agency leadership should discuss with their Medical Director the deployment of at least one of these medication classes for both BLS and ALS clinicians.

Medication	Patient Population	Recommended Formulation	Minimum Suggested Amount to Carry
Ibuprofen	Adolescent (40 kg and over) / Adult	200 mg tablets (blister pack)	Two tablets (400 mg) plus drinking water for administration
Ibuprofen	Pediatric	100 mg/5 mL individual suspension cups	Two individual suspension cups plus syringe for dose measurement
Acetaminophen	Adolescent (40 kg and over) / Adult	325 mg tablets (blister pack)	Two tablets (650 mg) plus drinking water for administration
Acetaminophen	Pediatric	160 mg/5 mL individual suspension cups	Two individual suspension cups plus syringe for dose measurement

We appreciate your continued efforts to improve pain management for our patients, and do not hesitate to contact our office with questions.

web www.mlrems.org
phone (585) 463-2900
fax (585) 473-3516

office
 44 Celebration Drive, Suite 2100
 Rochester, NY 14620

mailing
 601 Elmwood Avenue, Box 655
 Rochester, NY 14642